

# *In Your Midst*

Oasis: Self-Guided Prayer

January 13, 2016

*The Lord your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing.*

Zephaniah 3:17

It is easy to forget that God is in our midst. It is easy to just see the fabric of our lives and assume it happens by chance or by whim, but God is active and He is in our presence. The following is a dissection of the Zephaniah verse from above meant to probe our quandary. Take your time through these questions and allow the Holy Spirit to guide your heart and your mind. Sometimes we just need time to soak in God's word. May you be drenched in the Spirit of understanding and love this day.

## ***The Lord your God is in your midst***

What does this say to you?

How does this change the way you perceive this moment?

When is a time that without a doubt you knew God was in your midst?

Give thanks for His presence.

When this week can you see that God was in your midst?

Give thanks for His presence.

## ***A Mighty One who will save***

Because God is mighty we need not fear. Where does this give you comfort?

From what have you been saved?

## ***He will rejoice over you with gladness***

The Lord is pleased with you. Your very life gives God gladness, you don't have to do anything or be anything. God is rejoicing over you merely because are God's child.

What is He saying to you about His gladness toward you?

## ***He will quiet you by His love***

Take a moment and breathe in the love of Christ.

Clench your hands tightly on your lap and picture all of the stresses in life in your hands, all of the worries and anxieties. Repeat to yourself *He will quiet me with His love over*

and over as you open your fist and lay them palm up on your lap. *He will quiet me with His love, He will quiet me with His love, He will quiet me with His love.*

***He will exult over you with loud singing***

God is singing over your life, what does it sound like? Listen to the music He is pouring over you, what is He trying to convey to you in this time?

Heavenly God, thank you for loving us, thank you for caring for us in such an intimate way that you would sing over us and exult your gladness over us. We are your children and for that we are incredibly thankful. Holy Spirit flow over our being that you might fill us with your presence and allow us to see Your work in our lives. Guide us this day to see your fingerprints in our world. Thank you for quieting our hearts and pouring out your love. Amen.